

# WHAT TO BRING...

## Dental Personnel

- Scrubs and comfortable shoes to wear during the project. We will be in a temperature controlled environment but you may want to bring a long sleeved shirt to wear under your scrubs as if it is a cold day, it may be only 60-65 degrees.
- Stools. We have a few operator stools but please bring your own as we can not guarantee a stool will be provided.
- Headlamp. Portable Aseptico lights will be available in all operatories, however, you are encouraged to bring a headlamp to free up the lights for other areas of the clinic.
- Any special equipment (Stabident, special syringes and needles, burs, special gloves, eyewear, curing light, etc.). Handpieces are provided but you can bring a back up. Alloy (Lojic and Tytin) and composites (Z100 and Ultradent) will be provided. Your instrument setups will only be used by you and kept separate during sterilization. It would be beneficial if you would bring a supply of anesthetic for yourself (1:50, 1:100, and plain Carbocaine). If you have special burs you like to use, please bring several with you, as well as a couple 4-hole high and low speeds. We are estimating that the dentists will be seeing between 12 and 15 patients per day.
- Hygienists should bring whatever equipment they would like. Having your favorite scalers, ultrasonic tips, etc., with you, would make your day more enjoyable. Please mark all instruments so that they may be returned to you. Again, anything that will expand your comfort zone, or increase your efficiency, place it in a large plastic tub and bring it with you-especially operative setups and forceps and curing lights.
- In short...bring anything that will make you happy and productive! We will provide basic set ups for composite and amalgam for each chair. Volunteer dentists who bring tubs of their favorite instruments set-ups and supplies are usually the happiest. All instruments (clearly marked) will be returned to their rightful owners.